# **Gladwins Download Pack**

## How to find us

#### Gladwins Farm Holiday Cottages, Harper's Hill, Nayland, CO6 4NU What3Words: mailings.revised.suppose

Once inside the grounds, you need to bear left and you will find yourself in the car park. The pool is signposted but for ease it's the large dark wooden building on the left. Please park in the car park there and we ask that you park as considerately as possible to ensure that the other swimmers and holiday makers can fit in. Once inside the building, the changing rooms are on your left.

Please leave your shoes in the shoe rack provided as you enter the building. This will help to ensure the floors remain clean. There are some seats poolside for anyone wishing to watch..

#### **The Class**

Please arrive 10 mins before your class time to allow enough time for changing. If your class is the first class of the day, the doors will open no earlier than 15 minutes before the class start time.

**Please do not take photographs or film lessons** - This is for safeguarding reasons.

### **Renewals and Payments**

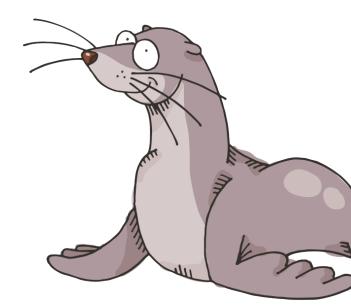
Your space is automatically saved until you have 2 or less weeks left on your account. You will get reminders to renew and top up your credits when you have 3 weeks left and again at 2 weeks. Should you wish to set up a monthly direct debit, do let us know.

You will get an email shortly asking you to register for the Home Portal for Course Pro. This is how you can and pay for more classes.

We also offer the option to pay by monthly direct debit, if you would prefer to pay this way, just contact the office who can set this up for you.







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## Equipment

We provide all equipment with the exception of goggles and swimming hats for 2yr olds and above.

Little ones that aren't 100% accident-free we do insist that they wear a Happy Nappy as well as a disposable swim nappy. A Happy Nappy is manufactured by Splashabout and looks like a pair of shorts/swimming costume but is specially designed to be fitted across the tummy and around the legs and therefore preventing accidents escaping into the pool. A solid accident in the pool would result in a 48-hour closure so we do have to insist that everyone wears a Happy Nappy. For clarification, a swimming costume with built-in nappy from somewhere like Mothercare is not a suitable alternative. We sell a range of Happy Nappies at the pool for £10, we do also sell swimming hats that you can buy from your teacher for £6 please, the teachers only have the facility of accepting cash.:

### Keeping in the loop!

We put a lot of updates and notifications on our Facebook page so please follow us for all the latest news, WOW moments, photos and more!

#### https://www.facebook.com/MiniSwimming-colchester

If you have any questions please let us know. Please see our full terms and conditions on our website, **www.miniswimming.co.uk/terms-conditions** We look forward to meeting you soon.





